# Diapering Procedure
## Steps to Prevent the Spread of Illness

The purpose of this document is to provide a diaper procedure that meets the requirements of the Environmental Rating Scales and the *Rules and Regulations Governing the Health and Sanitation of Child Care Facilities in the State of Colorado* (regulations).

Steps in black text are required in the Environmental Rating Scales and the regulations. **Steps in orange text are required steps for the Environmental Rating Scales and only required in the regulations as needed.** If using a standing procedure, use a mat or floor that is non absorbent and easily cleanable. The mat/floor must be disinfected if it is contaminated.



## Get Prepared
- Gather all necessary supplies (a clean diaper, clean clothes, plastic bag, wipes, diaper cream and gloves).
- Put on clean gloves.
- **If using ointment, put a small amount onto a clean paper towel to prevent contamination of the container** (A clean glove must be worn to apply ointments).



## Remove Soiled Diaper
- Place child on clean and dry changing table or mat.
- Remove soiled diaper and clean the child. If needed, place soiled clothing in a plastic bag to be sent home with child.
- Place soiled diaper and used supplies in a **hands free** plastic lined trash can with lid and remove gloves.
- **Clean yours and child's hands with a clean wipe (one wipe for your hands, one wipe for child's hands).**



## Dress Child and Wash Their Hands
- Put a clean diaper on the child. Dress child.
- Wash young children's hands with warm, running water and soap (wet hands, lather outside of the stream of water for 20 seconds, rinse with warm running water, and dry with a single use towel) or
- Supervise older children and provide assistance as needed as they wash their hands.



## Disinfect Diapering Area and Wash Your Hands
- **Wash diapering area with soap and rinse with water.**
- Disinfect diapering area by following the instructions on the disinfectant label.
- Wash your hands with soap and warm, running water (see hand washing steps above).